

ACTIVITIES OF THE STUDENTS WELFARE ASSOCIATION FOR THE ACADEMIC YEAR 2020-21



BMS College for Women celebrated 74th Independence Day on 15th August 2020. Chief Guest Sri Aviram Sharma, Trustee, BMS Educational Trust hoisted the Flag along with Sri Anirbhan Sharma, Finance Officer, BMSET and Principals of Degree, PUC and Evening College. All the dignitaries and the staff sang the National Anthem. Smt Rachana, Dept of Commerce delivered a speech on the importance of Independence Day.



Ganesh Puja was performed on 24th August 2020 to Eco Friendly Gowri and Ganesh Idols. Dr Nanda N, Principal, Degree College along with Sri Anirbhan Sharma, Finance Officer, BMSET and Smt Padma, Principal, PU College graced the occasion. All the staff participated in the event by following the Covid-19 Norms.



Day 1: Student Induction Program was organized on 7th September 2020 for I Year Degree students. Chief Guest Dr T.V.Raju and Principal Dr Nanda N virtually inaugurated the program by watering the plant. Chief Guest Dr T .V .Raju shared his valuable experiences and thoughts about college. He motivated the students to believe in themselves have good academic skills as well as right attitude and learn time management. He said to become an ideal student one must follow the mantra of 3H that is Humility, Humanity and Humbleness. In conclusion he addressed the parents and quoted that “Spending Quality Time with your Children is a Pilgrimage of Joy”.

Day 2 : Sri Anand Theertha, Janaseva, presented a talk on Environment on 8th September 2020.Smt Ashwini, highlighted the activities of Go Green Campus in detail. Dr Anitha, Associate Professor, Dept of Botany briefed about the activities of Prakruthi, Eco Club of the college.

Smt Roopa D.R, Director of Physical Education and Sports briefed about the importance of Sports and Smt Manasa L C, Physical Instructor explained the sports facilities provided in the college and the job opportunities under Sports Quota. Smt. Kavyashree Ponnacha, Placement Officer, briefed on Placement Opportunities and eligible criteria process. She named the prominent companies and organization which offer jobs to our students.



Day 3: Dr Mariappa, briefed the students on CBCS, on 9th September 2020, day3. Smt Rachana B.T from Shri Pathanjali Yoga Shikshana Samiti, spoke on the importance of Yoga and its contributions to Physical Fitness and Mental Health.

Day 4: Dr Jyothi, explained about the various Add on Courses offered in the college. Sri Shiva Kumara A R , briefed the students about Personality Development and Positive Thinking, on 10th September 2020, day 4 of SIP. All the Support Services like Red Cross, Civil Defense, Mentoring and Women's Cell were introduced to the students. Dr Lt.Geethashree presented a video on NCC activities.

Day 5: On 11th September 2020, Dr B.R. Poornima , Entrepreneurship Development Institute of India, spoke on Women Empowerment and the truths and myths about it. Conveners of other Support Services like Laasya Hobby Club, Rotaract Club, Anti Sexual Harassment Cell, Anti Ragging Cell, and Focus Club highlighted their activities through videos.

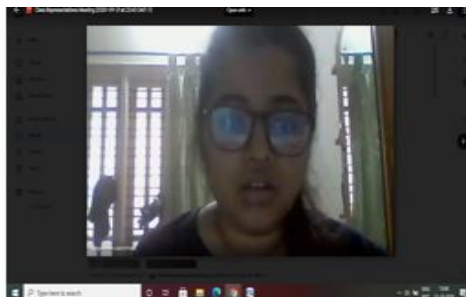
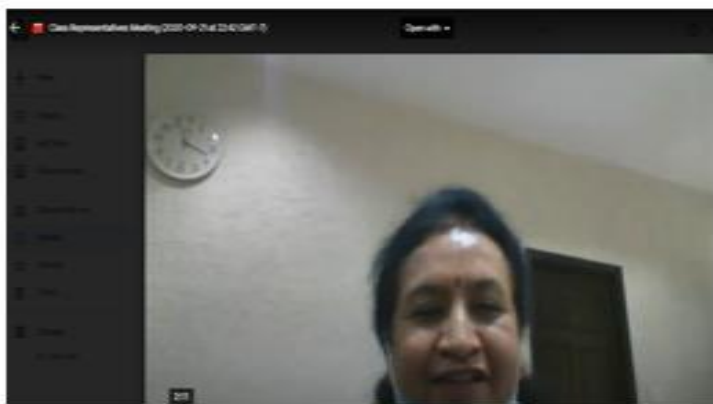
Vishnupriya, Alumni, Rank Holder , Gold Medalists and Entrepreneurs spoke of her experience in the college and how she was encouraged to achieve her dreams. Other Rank holders Navyashree, Varalakshmi also spoke on the occasion. Alumni and staff of the college Aishwarya and Vijayalakshmi, Dept of Mathematics, also shared their experience.

Dr.Sadhana, BMS Hospital Trust introduced the hospital and its facilities to the students. Dr Ananya briefed about the COVID 19 Kit. Smt Sushma Bharadwaj, Counsellor briefed about mental health and mental balance.



Day6: Valedictory Function was held on 12th September 2020, of Student Induction Program. Dr Nanda N , Principal addressed the students and expressed her heartfelt wishes to the new Batch of students.

Students enthusiastically gave positive feedback about the program and activities of the college. The students of final year welcomed the fresher through various cultural programs.

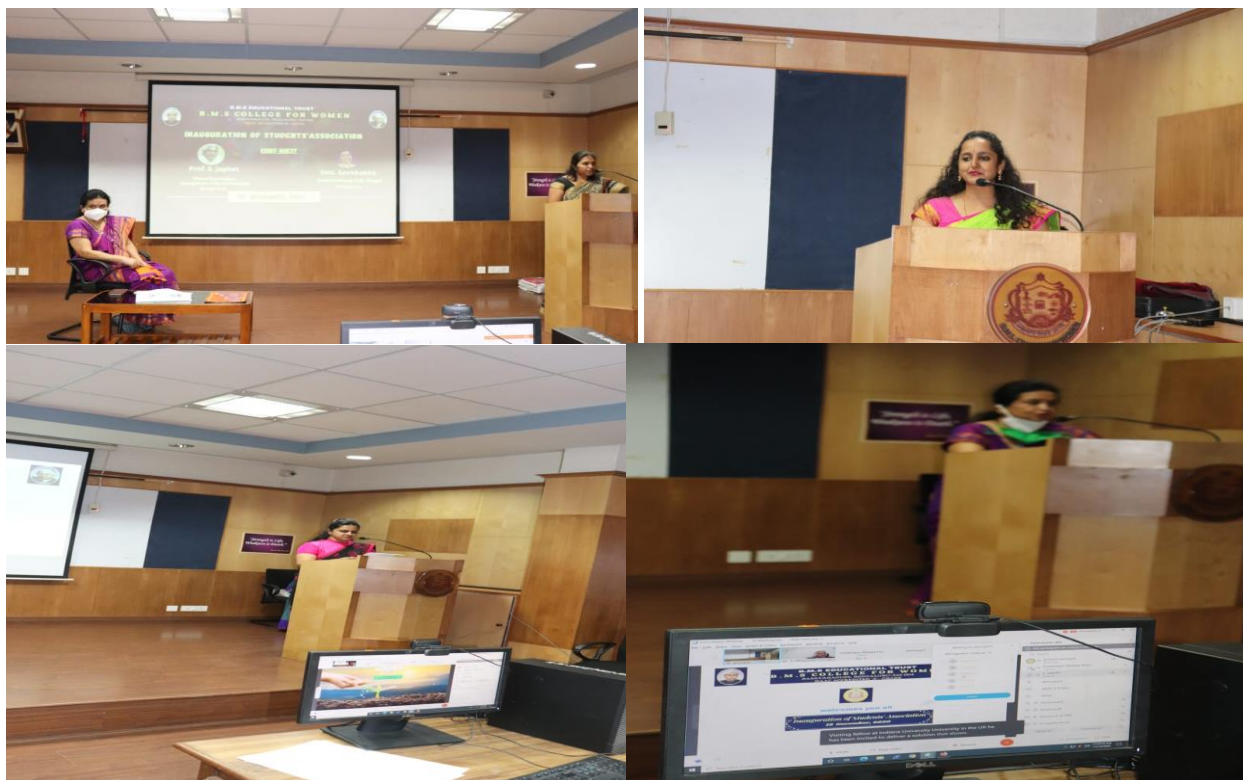


Class Representatives Elections was held on 16th September 2020. The election was conducted virtually. The Class Representatives of all the streams elected Office Bearers, President and Secretary for their respective streams on 23rd September 2020. The following students were elected.

| Stream | President | Secretary |
|------------|------------------------------|-------------------------------|
| Arts | Aishwaraya R (III BA HES) | Supriya P K (II BA) |
| Commerce | Varshini V (III BCom) | Deepa P Yadav (II BCom) |
| Management | Pooja B D (III BBA) | Bhavana M (II BBA) |
| Science | Shreelakshmi (III BSc PMCs) | Medini K Despande(II BSc CBZ) |



“Jan Andolan Campaign” on COVID -19 - an initiative taken by Hon’ble Prime Minister Sri Narendra Modi was organised on 13th October 2020. Dr Nanda N Principal , all Teaching Staff and Non Teaching staff made a Pledge and swore to follow all the norms of COVID -19.



Inauguration of Students' Association 2020-21

Inauguration of Students' Association of B.M.S. College for Women was held on 12 November 2020 through Cisco Webex in the college premises at 11 a.m. The function was presided by Dr. Nanda N, Principal, B.M.S. College for Women. The Chief Guests were Prof. S.Japhet, Vice Chancellor, Bengaluru City University and Smt. Savithakka, International Folk Singer, Bengaluru. Dr. Nanda N, Principal, B.M.S. College for Women conveyed Best Wishes from Dr. Ragini Narayan, Donor Trustee Member Secretary and Chairperson, B.M.S. Educational Trust and Chairperson, B.M.S. College for Women in her absence.

Our beloved Principal Dr. Nanda N, welcomed the Chief Guests and spoke briefly about the college. The event was inaugurated by virtually watering the plant and the college officially welcomed the office bearers and the students. Chief Guest Prof. S. Japhet addressed the students and encouraged them to celebrate life. He praised our college for celebrating student centric events and expressed his pleasure at interacting with teachers and students of our college.



Employability Skill Training Programme

Bengaluru: B.M.S College for women organized Employability Skill Training Programme in association with Lions Club on 10 February 2021 at 10:00am in B.S. Narayan Hall. The event Began with an invocation by the final year degree students Harini, Sindhu and Vaishnavi. Then, the flag salutation was conducted by Ms. Shylaja with two minutes of silence. The programme was presided over by Jahnvi Ravishankar, The District Chairperson Skill Development, she welcomed the gathering. She expressed her gratitude towards the college faculties who made this event possible. She gave an overview of the event.

The dignitaries inaugurated the programme by watering plants as part of our institution Go Green campus initiative. Honorable Principal Dr. Nanda .N addressed the gathering and spoke of shaping the student's career and preparing them for group discussion, public speaking, personal Interviews for their successful Placements.



B.M.S. COLLEGE FOR WOMEN
Bugle Rock road, Basavanagudi, Bengaluru - 560056
Accredited by NMAC with 'A' Grade | Affiliated to Bengaluru City University

STUDENT WELFARE ASSOCIATION
Organizes
A Webinar on

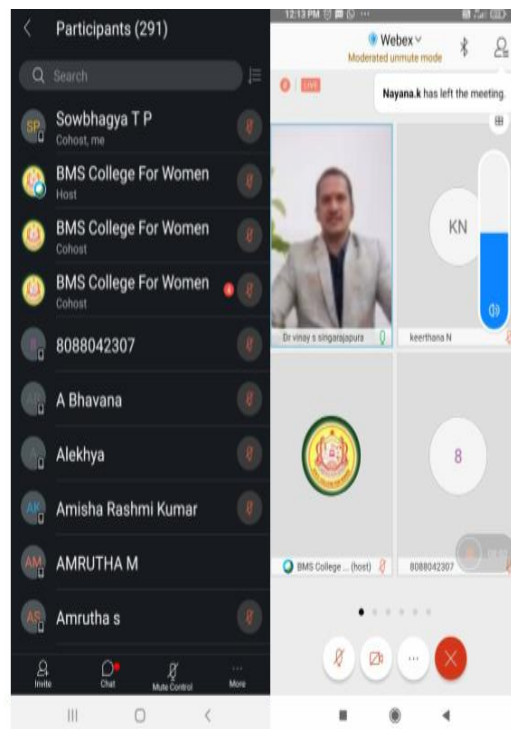
Role of Ayurveda in prevention and management of Covid - 19



Guest Speaker



Dr. Vinay S. Singarajapura
BAMS, MD (AM), PGDYTD, PGDCR
Ayurveda Physician | PANCHAKARMA specialist
Varaprada Ayurvedic Centre
N R Colony, Bengaluru - 560056



" ROLE OF AYURVEDA IN PREVENTION AND MANAGEMENT OF COVID-19"

During COVID-19 pandemic, Students Welfare Association of B.M.S. College for women organized a webinar to create awareness amongst the minds of students, parents and staff about how to keep themselves and their community safe, so that it helps them have a right direction and awareness to move ahead. This webinar created an opportunity to enrich the students' knowledge regarding prevention and management of COVID-19. This webinar was organized under the guidance of Principal, Dr. N. Nanda and Student Welfare Officer, Smt. Sudha H.A.

The Event Coordinator of this webinar was Mrs. Sowbhagya Takappa Pujeri, Assistant Professor, Department of Computer Science. The webinar titled "ROLE OF AYURVEDA IN PREVENTION AND MANAGEMENT OF COVID-19" was organized on 17th May 2021 from 12.00 Noon to 1.30 P.M. The webinar was open for students, parents and staff. Over 300 participants joined through the Cisco Webex platform and over 254 views were recorded in YouTube.